



GP ADHD Shared Care Patient Information

Where a child or young person is diagnosed with ADHD, and their condition is stable, Child and Adolescent Mental Health Services (CAMHS) is now able to facilitate the option of transition care under the GP ADHD Shared Care program.

Introduction

The GP ADHD Shared Care Program is modelled on the highly successful South Australian Statewide GP Obstetric Shared Care Program managed by GP Partners Australia on behalf of SA Health.

Eligibility & next steps

This service is available to young people who are currently public patients, aged 16 years and over, of the Women's & Children's Health Network (WCHN), Northern Adelaide Health Network (NALHN) and Southern Adelaide Health Network (SALHN). This service is not available to patients who are on short-term or early phase Schedule 8 stimulant support, or have not yet reached a stable dosage requirement. It is also not available to patients who are currently linked with CAMHS, Youth Mental Health Team or a Private Psychiatrist.

Your specialist Paediatrician has advised that you are now stable on your medication and are now eligible for transfer to the GP ADHD Shared Care Program, in partnership with a CAMHS psychiatrist to provide the first transition psychiatry visit.

The GP ADHD Shared Program supports a GP to apply for authority to take over the ongoing management of your medication, in an ongoing partnership with your treating specialist, which will enhance the continuity of your care.

There is no obligation for your regular GP to take on this role. In the event that your regular GP determines it is not suitable for them to take on this role, the GP ADHD Shared Care Program Manager will provide you and your GP with the details of another GP who can take on this aspect of your care.

Further Information:

We have included in this information sheet an Introductory letter for your GP. Please make an appointment to see your GP to discuss the option of GP ADHD Shared Care further. We also encourage you to access the full details of the program here:

ADHD GP Shared Care | GP Partners Australia (gppaustralia.org.au)

For more information please contact the GP ADHD Shared Care team at: <u>leanne.march@gpex.com.au</u> or <u>CAMHSResources@sa.gov.a</u>



GP Introductory Letter

GP ADHD Shared Care Program:

A Child & Adolescent Mental Health Services (CAMHS) initiative in partnership with GP Partners Australia (GPPA)

To the General Practitioner

When a young person diagnosed with ADHD is transitioning to adult care, and their condition is stable, Child and Adolescent Mental Health Services (CAMHS) is now able to facilitate the option of GP ADHD Shared Care for these patients. The GP ADHD Shared Care Program is modelled on the highly successful South Australian Statewide GP Obstetric Shared Care Program managed by GP Partners Australia on behalf of SA Health.

Your patient's Specialist Paediatrician has advised that this young person is stable on their medication and is now eligible for transfer to the GP ADHD Shared Care Program, in partnership with a CAMHS psychiatrist to provide the first transition psychiatry visit.

The GP ADHD Shared Care Program supports the GP to apply for auf1 ∞