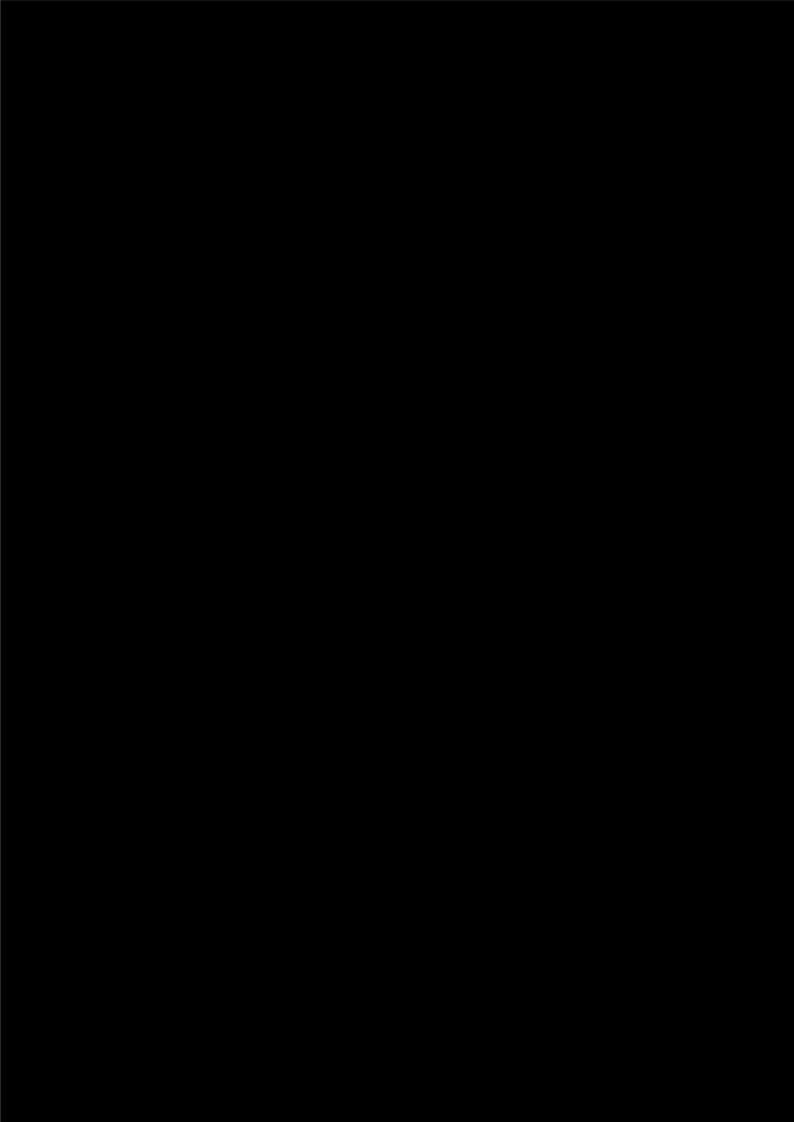
ADHD Medication: Driving, Work

& Sports

GP ADHD Shared Care Program:
A Child & Adolescent Mental Health Services
(CAMHS) initiative in partnership with GP
Partners Australia (GPPA)

Version 1: Endorsed Clinical Director CAMHS, Unit Head General Medicine September 2023





Driving Interstate:

If you travel to live or work interstate you need to be aware of different state's rules. For example, if you are a driver in Western Australia, you are sent a letter once a year to take to your doctor so that he or she can sign off on whether or not you are fit to drive while on your medication.

For information on other states, go to: Medicines and driving I healthdirect

Work

Fly-in, fly-out jobs in mining are a good example of a workplace which involves complex and heavy machinery. As a result, workers can be regularly drug tested to ensure they are at their best and keep everyone safe.

Urine tests are easier than blood tests to check for drug use at work, so this is what most employers do.

Urine tests for workplace or sports reasons will pick up ADHD medication and test positive for amphetamines.

Because of this, it is normal to tell your future employer ahead of time about likely test results and provide a certificate or letter about your medication from your doctor.

Sport

Athletes may be required to use a normally prohibited drug (performance enhancing) to treat a valid medical issue, such as stimulants for ADHD. Urine tests for workplace or sports reasons will pick up ADHD medication and test positive for amphetamines.

To be able to compete and still take their medication, the athlete needs to apply for a Therapeutic Use Exemption. This exemption permits an athlete to use a forbidden substance for therapeutic purposes only. Athletes apply for a Therapeutic Use Exemption through the Australian Sports Drug Medical Advisory Committee (ASDMAC).

For details go to

Therapeutic Use Exemption (TUF) | Sport Integrity Australia

About the Australian Sports Drug Medical Advisory Committee | Sport Integrity Australia