

- COVID-19 in South Australia – local experience
- COVID-19 Global experience and outcomes
- Clinical Guidelines
- Post natal and breastfeeding advice
- Long term outcomes
 - Mental health
- Vaccination – who, what, when, does it pass to the baby

- SA had been largely spared a large scale outbreak
- Opening of borders November 2021 saw rapid increase in numbers
- Mixed delta and omnicron
- Now vast majority of random samples of positive results are omnicron
- 1st positive case called through to covid care team at FMC 16/12/2021
- 1st COVID positive delivery at FMC 24th Dec 2021

- Data collection incomplete
 - Rapid rise in case numbers
 - No clear linking of data systems
- Total numbers
 - ???????
- Number of ICU admissions
 - 2 - both unvaccinated
- Antenatal admissions due to COVID
 - 2 – 3 per week
 - Most are admissions WITH covid not because of covid

Studies	Pantemic		Pre-pantemic		Odds ratio or mean difference*	p value	I ²	
	Events	Participants	Events	Participants				
Maternal and perinatal death								
Sti birth	12	1099	168295	1325	198993	1.28 (1.07-1.54)	0.0082	63%
US	0	6	100000	100000	100000	1.00 (0.50-2.00)	0.999	0%
UK	12	1093	168295	1325	198993	1.28 (1.07-1.54)	0.0082	63%

- Staying on top of the evidence and most recent advice is difficult
- Advice changes rapidly
- National taskforce set up to create living guidelines
 - <https://covid19evidence.net.au>
- Isolation, testing, clearance
 - SA Health
- SA COVID maternity pathway
- MAB infusion pathway
 - <https://www.sahealth.sa.gov.au/wps/wcm/connect/Public+Content/SA+Health+Internet/Conditions/Infectious+diseases/COVID-19/Health+Professionals/Monoclonal+Antibody+Infusion+Application>

- Rooming in as per normal in hospital
- Breastfeeding
 - Encouraged
 - Small amounts of antibody found in breastmilk
 - Advise to wear mask and practice hand hygiene while in infectious period
- Consider DVT prophylaxis
 - RCOG guidance if VTE score >2 for 14 days clexane

TABLE 4. Comparison of clinical and mental health outcomes between severe, moderate and mild COVID-19 severity groups

	Severe disease requiring ICU	Moderate severity, hospitalization	Mild severity
n (%)	dependent, n (%)	independent, n (%)	independent, n (%)
Mental health			
Posttraumatic stress disorder, PCL-5 > 32	1 (5)	37	0.427
Depression, HADS-D > 10	1 (2)	3 (8)	0.001
Quality of life measures			
Health-related quality of life, EQ-5D-5L	0 (0)	0.001	0.001
Health-related quality of life, EQ-VAS	0 (0)	0.001	0.001
Health-related quality of life, EQ-VAS	0 (0)	0.001	0.001
Health-related quality of life, EQ-VAS	0 (0)	0.001	0.001
Cognition			
MoCA	0 (0)	0.001	0.001
MoCA	0 (0)	0.001	0.001
MoCA	0 (0)	0.001	0.001
Functional outcomes			
Barthel ADL	0 (0)	0.001	0.001
Barthel ADL	0 (0)	0.001	0.001
Barthel ADL	0 (0)	0.001	0.001

TABLE 4. Comparison of clinical and mental health outcomes between severe, moderate and mild COVID-19 severity groups. χ^2 or Kruskal-Wallis tests were used to assess for differences across severity grades (severe, moderate, mild). A p-value < 0.05 signifies significantly different data distribution across severity groups.

- Current vaccinations approved for use in pregnancy
 - Pfizer
 - Primary course and booster
 - Moderna
 - Primary course
 - Novavax
 - Primary course only – provisional TGA approval
- Current vaccine uptake in pregnant population
 - Difficult to assess
 - FMC data suggests in region on 40 – 50%
 - Less so in other LHN
 - Nationally there is an increase in vaccination rates in the childbearing age group

- Vaccine myths

- It crosses the placenta/will alter my or my baby DNA

- mRNA broken down very quickly

- In contrast new studies are showing a placentitis and SARS-COV is being isolated in the placentas of women who have had a stillbirth due to COVID infection

- Higher levels of antibody in cord blood following vaccination vs natural infection

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- https://www.npeu.ox.ac.uk/assets/downloads/npeu-news/MBRRACE-UK_Rapid_COVID_19_DEC_2021_-_Infographic_v13.pdf

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