

You can help recruit for this study.

The success of the OPAL-3 Study is undeniably connected to the engagement and commitment of GPs referring their pregnant patients to the study team. Since launching in November 2023, the OPAL-3 study team have received almost 50 referrals, with 16 pregnant women going on to enrol. A very big thank you to everyone who has started referring their patients.

About OPAL-3 Study:

The OPAL-3 Study will help us determine the best dose of omega-3 supplements to give pregnant women, who have a moderately low level of omega-3 to reduce prematurity rates.

Eligibility is open to any woman less than 21 weeks